

Continental Buffet

Fresh cut fruit, fresh daily bakery selection, butter and jams, milk and yogurt 11

Full Buffet

Scrambled eggs, Hickory smoked bacon, sausage links, and biscuits/gravy

Also includes our Omelet station 15.95

Buffets available for dine-in only.

Energize your day

Berry and Yogurt Parfait *gf*

Layered with flaxseeds and all natural granola 9

Steel-Cut Oatmeal

Sun-dried raisins and brown sugar 5

Power Up

Egg White and Spinach Omelet

Folded with white cheddar cheese and oven cured tomatoes

Choice of fresh fruit or golden hash brown potatoes 12

(Substitute fruit cup for potatoes *gf*)

Grilled Cheese and Ham Sandwich*

Crispy golden sourdough bread, breakfast ham, gruyere cheese,

fried egg, roasted tomato dip 12

The Side Plate

A big bowl of berries

A bright mix of seasonal favorites 8

Smoked Bacon, Breakfast Sausage Links or Grilled Ham *gf* 6

A cup of regular or low fat Greek yogurt *gf*

Berries *gf*, fruit or plain 5

Breakfast Potatoes 5

Toasted Bagel with Philadelphia Cream Cheese

Low fat or regular 4.5

White or Wheat Toast or English muffin 3

Apple Triangle and Almond Pocket Danish

Blueberry, Banana and Walnut muffins 2 for 3

Assorted Cold Cereals Special K, All Bran and Smart Start
with Milk 7

*CONSUMING RAW OR UNDERCOOKED MEAT, SEAFOOD AND EGGS MAY INCREASE
YOUR RISK OF FOOD-BORNE ILLNESS.

Early Favorites

Hot Iron Griddled Belgian Waffle

Golden deep-pocket waffle with butter and warm maple syrup 12

Golden Buttermilk Blueberry Pancakes

Warm maple syrup and whipped butter 12

Chef's Omelet

Three eggs packed with cured ham, sautéed sweet onion, aged Swiss and cheddar

served with gold hash brown potatoes and choice of toast: (Substitute fruit cup for potatoes *gf*) 14

Grilled Ham and Eggs*

Two eggs cooked your way, golden hash brown potatoes, and choice of toast.

Substitute bacon or sausage 13

Traditional Eggs Benedict:

Poached eggs on an English muffin with Canadian bacon and hollandaise 11

Crab Benedict

Poached eggs on English muffin with Chesapeake Bay crab cake and hollandaise 14

Beverages

Regular and Decaffeinated Coffee 3

Cappuccino: 5, Café Latte: 4, Espresso 3.5

Orange, Apple and Cranberry Juice 3

Vitamin D, Low Fat Milk and Non-Dairy Soy 3

Tazo® teas: Earl Grey, Refresh-Mint, Calm-Chamomile and Zen-Green 3

Coke, Diet Coke, Sprite, Mr. Pibb, Pink Lemonade and Mello Yello 2.5

Iced Tea 3

WE PRIDE OURSELVES IN PROVIDING GLUTEN FRIENDLY MENUS CHOICES. WHILE WE ENDEAVOR TO CAREFULLY PREPARE THOSE MEALS TO ACCOMMODATE A GLUTEN FREE DIET, PLEASE BE AWARE THAT THEY MAY BE PREPARED IN AN ENVIRONMENT WHERE GLUTEN IS PRESENT. PLEASE ASK YOUR SERVER TO ASSIST YOU IN MAKING YOUR SELECTION. PLEASE CONSULT YOUR PHYSICIAN AS TO YOUR PERSONAL HEALTH DECISIONS.

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